

# Energizing Summit Class Outline

## **LONG HAIR EFFECTS TEENS LOVE**

*Andrea Schumate ABCH*



### **1. Review long vs. short highlighting:**

- a) Long hair challenges.
- b) Combatting blonde buildup.
- c) Wearing hair up and down.
- d) Maintaining a natural look.

### **2. Special effects:**

- a) Peek-a-boo highlights.
- b) Flip-flop highlights.
- c) Nape highlights.
- d) Facial flash.
- e) Stay away from extremes.

### **3. Application Techniques:**

- a) Make it easy.
- b) Long foils vs. short.
- c) Consistency of bleach.
- d) Bleach on brush.

### **4. Maintaining long hair highlighting:**

- a) The longer the hair the smaller the highlights.
- b) Stay away from heavy highlighting.
- c) The six inch rule.
- d) Dark Brown category and long hair highlighting.
- e) Always think maintenance.

### **5. Questions and Answers.**

*Andrea Schumate is a wonderful instructor. Not only does she have a special technique for handling long hair, she does it with the greatest of ease. She was nominated for the NAHA award and came very close to winning. Her approach to teaching is smooth and understandable. She describes what she is doing in a way that makes you feel as though you can go home and replicate what she taught. Her skills in creating and executing her craft are second to none. She is able to balance her career and family and still have time to teach others. She is quite the lady.*

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